## Welcome Back to Netball

## 3 v 3 Recreational Tournament

Friday September 10th 7.00-9.00 pm
Friday September 17th 7.00-9.00 pm
Christine Sinclair Centre

## 3713 Kensington Avenue Burnaby.

Get back to playing! We are inviting all netball players to participate in the opening season 3 v 3 netball tournament.

## Team Registration:

Register a women's team or a mixed team. Maximum 4 players per team. Mixed teams may have one man only on court at a time per time. Please complete the registration form and submit to Ann Willcocks at annwillcocks@shaw.ca.

Individual Registration:
If you don't have a team and would like to play sign-up and be assigned to a team. Please complete registration form and submit to Ann Willcocks at annwillcocks@shaw.ca.

## Registration Fee:

$\$ 50.00$ per team or $\$ 13.00$ per individual.
Payment by etransfer to be sent to bcnetball.payments@gmail.com Payment due at time of registration. Keep the receipt for the transfer. Put name of team on note.

## Registration Dates:

Registration starts on August 23rd and closes on September 3rd. There is a limited amount of time and space. The first teams to register will participate.

## Player Waiver and Player Contract:

Athletes must submit a completed waiver and contract before they may participate. They can be found on the BC Netball website at http://bcnetball.ca

## Health and Safety Protocols.

Players must:

- Be registered and have completed a BC waiver and contract. There will be no drop - ins.
- Stay home if sick.
- Hand sanitize before, during breaks and after playing.
- Practice social distancing from other teams when off court.
- When your team is not playing wear facemasks.
- Avoid touching multiple surfaces while in the facility - hand sanitize after touching surfaces.


## Tournament Game Rules:

## BCNetball 3 V 3 Game Rules



## Teams

- The game will be $3 v 3$ played on a half court with one rolling substitute.
- Any 2 players from each team are allowed in the goal circle.
- During a match, a minimum of 2 and maximum of 3 players from each team may be on court at any one time.
- One man only on the court at a time.


## Start of Play/Restarting Play

- A coin toss will be held between two opposing players at Centre circle.
- The team that wins the toss will take the first centre pass.
- For the rest of the game, the team which does not score will take the next Centre Pass.


## Turnovers

- When there is a turnover, the team in possession shall play the ball back over the transverse line.
- The first landed foot must wholly be in the centre third before continuing to play the ball back towards the goal.
- If a defending player tips or deflects the ball, it is not a turnover unless the other team gains possession.


## Substitution

- Rolling substitutions are allowed for both teams after a goal is scored.
- The player must leave the court before the substitute player enters court.
- Failing to comply to the above rule "a free pass will be awarded to the opposing team"
- The is NO stoppage during the game and no injury time awarded.

